

MAIN CAMPUS

IIT Tower
10 W 35th St
3rd Floor
Chicago, IL 60616

Crisis services are available on the Main Campus only.

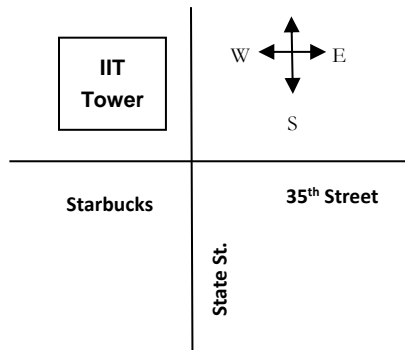
OFFICE HOURS & CONTACT INFO

Monday and Friday 8:30 – 5 p.m.

Tuesday – Thursday 8:30 – 7 p.m.

Saturday – 8:30 a.m. – 12:30 p.m.

**Closed from 2 - 3 p.m. every Tuesday*



OUR STAFF

Anita Opdycke, APN
Associate Vice Provost & Nurse Practitioner

Melody McCray
Associate Director of Operations

Christine Reh, Psy.D.
Staff Psychologist
Interim Assistant Director

David Schwartz, LCPC
Staff Counselor

Myron Nelson, LCPC
Staff Counselor

Angelica Diaz, MA
Medical Assistant

Arelis Dominguez, MA
Medical Assistant

Dorothy Otremba, APN
Nurse Practitioner

Kirsten Pelka, APN
Nurse Practitioner – part-time

Amaka Nweke
Physician

Margaret Robling, MD
Consulting Psychiatrist – part-time

ILLINOIS INSTITUTE
OF TECHNOLOGY

Student Health & Wellness Center

Healthcare for
the Student Mind & Body



Contact Us!

Phone: 312-567-7550

Fax: 312-567-5702

Email: student.health@iit.edu

<http://www.iit.edu/shwc/>



OUR SERVICES

Our services include both physical and mental healthcare needs for IL Tech, Shimer and VanderCook students.

Our physical health services include treating infections and injuries, monitoring chronic diseases such as diabetes and high blood pressure, gynecological exams, immunization, allergy injections, prescribing medications, lab work, providing health maintenance care for students and routine cholesterol/blood glucose checks. Office visits are free of charge; however, any lab work that is sent to another facility will be billed to the student.

Our mental health services include evaluation, time-limited psychotherapy, group therapy, referrals, and medication management. We assist students with issues such as stress management, depression, anxiety, eating disorders, cultural adjustment, self-esteem, relationship concerns, family issues, anger management, addictions, and more.

Appointments may be made online:
<https://iitpatientportal.pointnclick.com>

IMMUNIZATION COMPLIANCE

All on-campus IIT students registered for more than half-time status are required to adhere to IIT's Immunization Requirement as defined by IL State Law. Immunization records are due prior to the first week of class. They may be submitted by e-mail, fax, or through USPS mail.

If you do not complete the immunization requirement, a registration hold will be placed on your account until it has been completed.

The immunization form is available on our website:
<http://www.iit.edu/shwc/>.

CONFIDENTIALITY

The services we provide are confidential. The confidentiality of our services is protected by our professional ethics and by state laws. We typically do not reveal anything about you to anyone outside of the Student Health and Wellness Center without your written permission. There are rare exceptions to this policy, such as when a therapist believes an individual is a risk for seriously harming him/herself or another person.

INSURANCE

The Student Health & Wellness Center serves as the administrator for the Aetna Student Health Insurance Plan. All students registered for 1 academic credit hour or more are automatically enrolled in the plan. If you would like to waive the Student Health insurance plan, please go to: www.aetnastudenthealth.com/iit

If you would like a list of covered primary care providers or specialists in your area, please go to the "Find a Doctor" feature in Aetna's website: www.aetnastudenthealth.com/iit.

Aetna Student Assistance Program (SAP)

www.aetnasap.com
877-351-7889

SAP offers valuable resources 24/7. SAP will confidentially offer you resources and helpful information for things such as: Academic stress and pressure, personal relationship issues, substance abuse and other addictions, finances, depression, grief, body image and eating disorders, childcare services, and legal matters.

EMERGENCIES

For medical emergencies, we do our best to see walk-ins. In some cases, we will recommend that you either go to the hospital or go to another nearby walk-in clinic.

IIT Public Safety
Emergency 312-808-6363
Non-Emergency 312-808-6300

Mercy Hospital*
2525 S Michigan Ave
312-567-2000

City of Chicago Emergency
911

24-Hour Nurse Hotline
800-556-1555

For psychological crises, we provide crisis counseling meetings. If you feel the need to speak with someone urgently, please call us at 312-567-7550 during our business hours.

Aetna Student Assistance Program (SAP)

www.aetnasap.com
877-351-7889

SAP offers valuable resources 24 hours a day, 7 days a week. SAP will confidentially offer you resources and helpful information for things such as: Academic stress and pressure, personal relationship issues, substance abuse and other addictions, finances, depression, grief, body image and eating disorders, child care services, and legal matters such as divorce, custody, and probation.

National Suicide Prevention Lifeline

800-273-TALK

Chicago Rape Crisis Hotline

888-293-2080

Hazelden Substance Abuse Recovery

800-257-7810