Crisis services are available on the Main Campus only.

OFFICE HOURS & CONTACT INFO

Monday and Friday 8:30 – 5 p.m.
Tuesday – Thursday 8:30 – 7 p.m.
Saturday – 8:30 a.m. – 12:30 p.m.
*Closed from 2 - 3 p.m. every Tuesday

OUR STAFF

Anita Opdycke, APN
Associate Vice Provost & Nurse Practitioner

Melody McCray
Associate Director of Operations

Christine Reh, Psy.D.
Staff Psychologist & Assistant Director

David Schwartz, LCPC
Staff Counselor

Myron Nelson, LCPC
Staff Counselor

Lysa Cage
Post Doctoral Fellow

Angelica Diaz, MA
Medical Assistant

Arelis Dominguez, MA
Medical Assistant

Kirsten Pelka, APN
Nurse Practitioner

Pooja Louis, PA
Physician Assistant

Amaka Nweke
Physician

Margaret Robling, MD
Consulting Psychiatrist

Additional Resources

Student Health & Wellness Center

Contact Us!
Phone: 312-567-7550
Fax: 312-567-5702
Email: student.health@iit.edu
http://www.iit.edu/shwc/
WANT TO BE SEEN AT OUR WELLNESS CENTER?
Appointments may be made online:
https://iitpatientportal.pointnclick.com

WALK-IN IMMUNIZATION and HEALTH CLINICS
Michigan Avenue Immediate Care*
180 N Michigan Ave, Ste 1605
Chicago, IL 60601
312-201-1234
M-F: 8am-6pm; Sat: 9am-1pm

Smart Optical*
1154 S Clark St
Chicago, IL 60616
312-212-6300
M-F: 9am-7:30pm; Sat, Sun: 9am-4pm
Tdap: $60 w/ no insurance
MMR: $129.99 w/ no insurance
TB Skin Test/PPD: $15 w/ no insurance

INSTRUCTIONS to PRINT MY INSURANCE CARD
1) Go to www.aetnastudenthealth.com
2) Enter “IIT” in the “Find Your School” box.
3) Click on “Print ID Card” on lower right side of screen.
4) Enter ID# (including the A) & Date of Birth.
5) Click “View Card”, then “Print Card”.

AETNA VITAL SAVINGS
If you have the Aetna Student Health Plan, then you have the option to enroll into their Vital Savings program which entitles you to certain discounts for dental & vision services. The amount of the discount varies from clinic to clinic so you would need to call and ask what sort of discount you can expect to receive based on the service you would like to get. For more information, visit: www.vitalsavings.com

DENTAL VITAL SAVINGS PROVIDERS
Apostolopoulos, Dan S., DDS
All Family Dental*
222 West 26th Street
Chicago, IL 60616-4296
(312) 326-4600

Yee-Schiml, Sevila, DMD
Chinatown Family Dental*
238 West Cermak Road, Suite 2A
Chicago, IL 60616-2772
(312) 842-0888

VISION VITAL SAVINGS PROVIDERS
Illinois Eye Institute*
3241 S Michigan Ave
Chicago, IL 60616
312-225-6200

Smart Optical*
2349 S Wentworth Ave
Chicago, IL 60616
312-808-1893

CONFIDENTIAL FREE/LOW-COST STI TESTING
Howard Brown*
3025 N Sheridan Ave
Chicago, IL 60613
(773) 388-1600

Lakeview Specialty*
2861 N Clark St
Chicago, IL 60614
312-744-5507

AETNA STUDENT HEALTH INSURANCE
800-841-3140
www.aetnastudenthealth.com/iit

*Not affiliated with IIT. Services will be billed to your insurance carrier. Please verify pricing with them.

EMERGENCIES
For medical emergencies, we do our best to see walk-ins. In some cases, we will recommend that you either go to the hospital or go to another nearby walk-in clinic.

IIT Public Safety
Emergency 312-808-6363
Non-Emergency 312-808-6300

Mercy Hospital*
2525 S Michigan Ave
312-567-2000

City of Chicago Emergency
911

24-Hour Nurse Hotline
800-556-1555

For psychological crises, we provide crisis counseling meetings. If you feel the need to speak with someone urgently, please call us at 312-567-7550 during our business hours.

Aetna Student Assistance Program (SAP)
www.aetnasap.com
877-351-7889
SAP offers valuable resources 24 hours a day, 7 days a week. SAP will confidentially offer you resources and helpful information for things such as: Academic stress and pressure, personal relationship issues, substance abuse and other addictions, finances, depression, grief, body image and eating disorders, child care services, and legal matters such as divorce, custody, and probation.

National Suicide Prevention Lifeline
800-273-TALK
Chicago Rape Crisis Hotline
888-293-2080
Hazelden Substance Abuse Recovery
800-257-7810

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