

## MAIN CAMPUS

IIT Tower  
10 W 35th St  
3rd Floor  
Chicago, IL 60616

*Crisis services are available on the Main Campus only.*

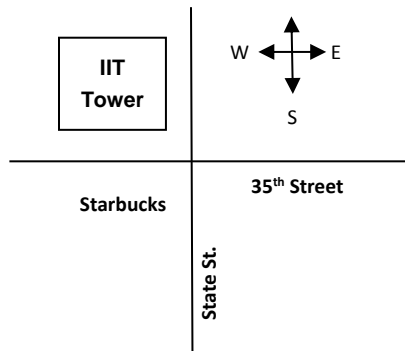
## OFFICE HOURS & CONTACT INFO

Monday and Friday 8:30 – 5 p.m.

Tuesday – Thursday 8:30 – 7 p.m.

Saturday – 8:30 a.m. – 12:30 p.m.

*\*Closed from 2 - 3 p.m. every Tuesday*



## OUR STAFF

Anita Opdycke, APN  
Associate Vice Provost & Nurse Practitioner

Melody McCray  
Associate Director of Operations

Christine Reh, Psy.D.  
Staff Psychologist  
Interim Assistant Director

David Schwartz, LCPC  
Staff Counselor

Myron Nelson, LCPC  
Staff Counselor

Angelica Diaz, MA  
Medical Assistant

Arelis Dominguez, MA  
Medical Assistant

Dorothy Otremba, APN  
Nurse Practitioner

Kirsten Pelka, APN  
Nurse Practitioner – part-time

Amaka Nweke  
Physician

Margaret Robling, MD  
Consulting Psychiatrist – part-time



# Additional Resources

## Student Health & Wellness Center



## Contact Us!

Phone: 312-567-7550

Fax: 312-567-5702

Email: [student.health@iit.edu](mailto:student.health@iit.edu)

<http://www.iit.edu/shwc/>



## WANT TO BE SEEN AT OUR WELLNESS CENTER?

Appointments may be made online:  
<https://iitpatientportal.pointnclick.com>

## WALK-IN IMMUNIZATION and HEALTH CLINICS

### *Michigan Avenue Immediate Care\**

180 N Michigan Ave, Ste 1605  
Chicago, IL 60601  
312-201-1234  
M-F: 8am-6pm; Sat: 9am-1pm

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### *Walgreens Take Care Clinic\**

3405 S King Dr  
Chicago, IL 60616  
M-F 8am-7:30pm  
Sat and Sun 9am -4:30pm  
MMR: \$95.99 w/ no insurance  
Tdap: \$63.99 w/ no insurance  
TB Skin Test/PPD: \$28 w/ no insurance

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### *CVS Minute Clinic\**

*(Green Line to Adams/Wabash)*  
137 S State St  
Chicago, IL, 60603-5606  
M-F 8am-7pm  
Tdap: \$64.99 w/ no insurance  
MMR: \$129.99 w/ no insurance

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### *Target Clinic\**

1154 S Clark St  
Chicago, IL 60605  
312-212-6300  
M-F: 9am-7:30pm; Sat, Sun : 9am-4pm  
Tdap: \$60 w/ no insurance  
TB Skin Test/PPD: \$15 w/ no insurance

## INSTRUCTIONS to PRINT MY INSURANCE CARD

- 1) Go to [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com)
- 2) Enter "IIT" in the "Find Your School" box.
- 3) Click on "Print ID Card" on lower right side of screen.
- 4) Enter ID# (including the A) & Date of Birth.
- 5) Click "View Card", then "Print Card".

## AETNA VITAL SAVINGS

If you have the Aetna Student Health Plan, then you were automatically enrolled into their Vital Savings program which entitles you to certain discounts for dental & vision services. The amount of the discount varies from clinic to clinic so you would need to call and ask what sort of discount you can expect to receive based on the service you would like to get. For more information, visit: [www.vitalsavings.com](http://www.vitalsavings.com)

## DENTAL VITAL SAVINGS PROVIDERS

Apostolopoulos, Dan S., DDS  
All Family Dental\*  
222 West 26th Street  
Chicago, IL 60616-4296  
(312) 326-4600

Yee-Schimpl, Sevila, DMD  
Chinatown Family Dental\*  
238 West Cermak Road, Suite 2A  
Chicago, IL 60616-2772  
(312) 842-0888

## VISION VITAL SAVINGS PROVIDERS

Illinois Eye Institute\*  
3241 S Michigan Ave  
Chicago, IL 60616  
312-225-6200

Smart Optical\*  
2349 S Wentworth Ave  
Chicago, IL 60616  
312-808-1893

## CONFIDENTIAL FREE/LOW-COST STI TESTING

Howard Brown*	Lakeview Specialty*
4025 N Sheridan Ave	2861 N Clark St
Chicago, IL 60613	Chicago, IL 60657
773-388-1600	312-744-5507

## EMERGENCIES

**For medical emergencies**, we do our best to see walk-ins. In some cases, we will recommend that you either go to the hospital or go to another nearby walk-in clinic.

IIT Public Safety Emergency	312-808-6363
Non-Emergency	312-808-6300

Mercy Hospital\*  
2525 S Michigan Ave  
312-567-2000

City of Chicago Emergency  
911

24-Hour Nurse Hotline  
800-556-1555

**For psychological crises**, we provide crisis counseling meetings. If you feel the need to speak with someone urgently, please call us at 312-567-7550 during our business hours.

## Aetna Student Assistance Program (SAP)

[www.aetnasap.com](http://www.aetnasap.com)  
877-351-7889

SAP offers valuable resources 24 hours a day, 7 days a week. SAP will confidentially offer you resources and helpful information for things such as: Academic stress and pressure, personal relationship issues, substance abuse and other addictions, finances, depression, grief, body image and eating disorders, child care services, and legal matters such as divorce, custody, and probation.

## National Suicide Prevention Lifeline

800-273-TALK

## Chicago Rape Crisis Hotline

888-293-2080

## Hazelden Substance Abuse Recovery

800-257-7810