**MAIN CAMPUS**
IIT Tower
10 W 35th St
3rd Floor
Chicago, IL 60616

**DOWNTOWN CAMPUS**
(Counseling Only)
By Appointment Only (services are not offered during summer)
565 W Adams St
6th Floor, Room 656
Chicago, IL 60661-3601

*Crisis services are available on the Main Campus only.*

**OFFICE HOURS & CONTACT INFO**
Mondays - Friday 8:30-5pm

Phone: 312-567-7550
Fax: 312-567-5702

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**OUR STAFF**

Anita Opdycke, APN
Associate Vice Provost & Nurse Practitioner

Melody McCray
Associate Director of Operations

Christine Reh, PsyD.
Staff Psychologist

David Schwartz, LCPC
Staff Counselor

Donna Pinkus
Administrative Associate

Angelica Diaz, MA
Medical Assistant

Kirsten Pelka, ANP
Nurse Practitioner – part-time

Chigozie Nweke
Physician

Margaret Robling, MD
Consulting Psychiatrist – part-time

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**Student Health & Wellness Center**
Healthcare for The Student Mind & Body

Contact Us!
Phone: 312-567-7550
Fax: 312-567-5702
Email: student.health@iit.edu
http://www.iit.edu/shwc/

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[Map of IIT Tower, Starbucks, and 35th Street]
OUR SERVICES
Our services include both physical and mental healthcare needs for IL Tech, Shimer and VanderCook students.

Our physical health services include treating infections and injuries, monitoring chronic diseases such as diabetes and high blood pressure, gynecological exams, immunization, allergy injections, prescribing medications, lab work, providing health maintenance care for students and routine cholesterol/blood glucose checks. Office visits are free of charge; however, any lab work that is sent to another facility will be billed to the student.

Our mental health services include evaluation, time-limited psychotherapy, group therapy, referrals, and medication management. We assist students with issues such as stress management, depression, anxiety, eating disorders, cultural adjustment, self-esteem, relationship concerns, family issues, anger management, addictions, and more.

Appointments may be made online: https://iitpatientportal.pointnclick.com

IMMUNIZATION COMPLIANCE
All on-campus IIT students registered for more than half-time status are required to adhere to IIT’s Immunization Requirement as defined by IL State Law. Immunization records are due prior to the first week of class. They may be submitted by e-mail, fax, or through USPS mail.

If you do not complete the immunization requirement, a registration hold will be placed on your account until it has been completed.

The immunization form is available on our website: http://www.iit.edu/shwc/.

CONFIDENTIALITY
The services we provide are confidential. The confidentiality of our services is protected by our professional ethics and by state laws. We typically do not reveal anything about you to anyone outside of the Student Health and Wellness Center without your written permission. There are rare exceptions to this policy, such as when a therapist believes an individual is a risk for seriously harming him/herself or another person.

INSURANCE
The Student Health & Wellness Center serves as the administrator for the Aetna Student Health Insurance Plan. All students registered for 1 academic credit hour or more are automatically enrolled in the plan. If you would like to waive the Student Health insurance plan, please go to: www.aetnastudenthealth.com/iit

If you would like a list of covered primary care providers or specialists in your area, please go to the “Find a Doctor” feature in Aetna’s website: www.aetnastudenthealth.com/iit.

Aetna Student Assistance Program (SAP)
www.aetnasap.com
877-351-7889
SAP offers valuable resources 24/7. SAP will confidentially offer you resources and helpful information for things such as: Academic stress and pressure, personal relationship issues, substance abuse and other addictions, finances, depression, grief, body image and eating disorders, childcare services, and legal matters.

EMERGENCY SERVICES
For medical emergencies, we do our best to see walk-ins. In some cases, we will recommend that you either go to the hospital or go to another nearby walk-in clinic.

IIT Public Safety
312-808-6300

Mercy Hospital*
2525 S Michigan Ave
312-567-2000

City of Chicago Emergency
911

Physician’s Immediate Care*
811B S State St
312-566-9510

24-Hour Nurse Hotline
800-556-1555

For psychological crises, we provide crisis counseling meetings. If you feel the need to speak with someone urgently please call us at 312-567-7550 during our business hours.

National Suicide Prevention Lifeline
800-273-TALK
Chicago Rape Crisis Hotline
888-293-2080
Hazeldehn Substance Abuse Recovery
800-257-7810

* Not affiliated with IIT. Services will be billed to your insurance carrier.